

## **A Total View of Men of Honor**

### **Importance of why!**

Looking at the statistics of men coming out of prison each year, which is approximately 600,000 each year, and the rate of recidivism according to the Department of Justice (DOJ) 2010 statistics, 3 out of 4 persons that are released will return to prison within 5 years. That's a staggering 75% of men and women that will return to institutions due to the lack of proper resources that are available to them in one way or the other.

### **Men of Honor**

This program is designed to **provide all** the necessary tools, training, counseling, mentorship, shelter, food and the provisions of adequate transportation that will assist in the success of regenerating men back into society to be self-sufficient, positive role models and leaders in their homes and in their community, never again returning to institutions for the purpose of incarceration. We will target the problem through open critique and honesty. We will inspire individuals to think differently about themselves and others. We will provide training in communication, research and development. We will build the integrity of individuals through inspiration and knowledge. We will provide an environment that will be conducive for productivity. We will eliminate fears through building confidence. We will have open avenues of job placement before the competition of the program. We will mentor and counsel throughout their entire journey. And there will be an open door for men to come aboard Men of Honor as staff and leaders given back what they have acquired to others for the growth of the Men of Honor Program, continuing the building process of the lives of men coming behind them.

### **Reentries Purpose**

According to the Bureau of Justice Statistics (BJS). A reentry program sole purpose is to provide 3 main elements that will help persons of incarcerations reenter back into society, which is shelter, employment resources, and training. And if any one of these 3 elements are missing then a reentry program should be deemed ineffective. If these 3 elements are in place, then why are men and women still returning back into institutions?

We at Men of Honor believe that one of the main reasons that people return back to institutions is because of their paradigm. A paradigm is how people view life and their perspective of it. If their view or perspectives of life does not change then their approach back into society will be with the same mindset as when they first were incarcerated. Thus repeating another term of incarceration.

### **Conclusion**

Men of Honor is not only a reentry program, but an opportunity for men to regain total control of their lives living with a purpose that is pleasing to themselves and others.

Reginald Smith/Founder

SharMichael Allen/Co-Founder

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# MEN OF HONOR

(Purpose)

To build the lives of men coming out of institutions giving them practical knowledge that will allow them to move from a position of sullenness, to a life of purpose, and prosperity. Thus; equipping them with the necessary tools to empower and inspire them to make the proper adjustments in their life for success. We will work hand and hand with each individual through E.Q.U.I.P.P.E.D., which is an 8 module curriculum that is designed to target specific areas in the lives of men that will guide them towards their success and a life of change. Through each module of the program (a module being 14 days in duration) which is designed to insure proper growth, understanding, and stability. We believe through open critique and goal mapping review each individual will then understand their goals, and start living a life that is self-sustaining becoming positive role models in their community, and reaching others building a lasting legacy of men.

## E.Q.U.I.P.P.E.D.

(Curriculum overview)

**Module (1).** Enlightenment is the first step of any thought process; which means to become aware. Awareness is recognizing that something needs to be done, whether you have a drug issue, or you have a solution that will make something better, (i.e.) health, stability, finances, work ethic, and the list can go on and on. This is where it all starts in the enlightenment stage. Not only does this module focus on the problem and solutions but it also focuses on the barriers that you will face when trying to accomplish your goals. To be enlightened (awareness) is the only way that you will ever get anything accomplished, or do anything about your situation because if you are not “aware” it will remain the same.

**Module (2)** Quality then builds on enlightenment. In this module you will not only be focused on building value, but also understanding the value of yourself, others, and the things around you. Now that the individual’s awareness is up from Module (1). This Module will open the door for individual’s to be honest and open about their value system. Quality has to do with values, and the qualities of a person will show the very nature and character of who they really are at that moment. This module is structured to allow the individual to see their qualities that are within. This is not to discourage them, but to allow the individual to see the problem, and target them building a higher standard for themselves. I have found that the qualities that are within a person will function in one or two ways. (1.) It will either allow a person to operate at a low standard in their life, or (2.) It will cause a person to function at a higher standard. So the main

focus of this module is to build a person's qualities that are within gearing them to operate at a higher standard of excellence in their life.

**Module (3).** Understanding is then how you perceive things, your outlook, your paradigm. This is the way you gather knowledge by the way you understand. So then, if your understanding is minimal then you will get minimal results in your life. In this module cognition is the main focus because how you understand something it becomes the truth that you stand under. Individuals in this module are helped to work on their thought process to fully understand the knowledge that is being shared.

(Module

## E.Q.U.I.P.P.E.D.

**Enlighten Quality Understanding Individual Preparing Purpose Engaging Determination**

To **Enlighten** the **Quality** and **Understanding** of **Individuals**, and **Preparing** them for their **Purpose** to **Engage** with **Determination**.

### *(module 1) ENLIGHTENMENT (awareness)*

*To give spiritual or intellectual insight to. To give information to, inform or instruct.*

The enlightenment to others about the knowledge of barriers and what they are. Such as addictions, thinking errors, and the resistance of social, economic, mental and physical stigmas.

### *(module 2) QUALITY (value)*

*An inherent or distinguishing characteristic, a property. A personal trait, esp., A character trait.*  
**2. Essential nature (quality of life). 3. Having a high degree of excellence.**

What's in you. Looking within with honesty to evaluate the character traits that you have, and what character traits that are conducive for promoting success in the life that you live, and in the life of others around you. Validating a high degree of excellence by the quality changes made by ones-self.

### *(module 3) UNDERSTANDING (cognitive)*

*The quality or condition of one who understands; comprehension. 2. The faculty by which one understand; intelligence. 3. Individual or specified outlook; opinion. Marked by having comprehension, good sense, or discernment. Compassionate, sympathetic.*

To enhance how you think or comprehend life; and meaning of living productive through the knowledge of making good decisions, becoming compassionate for change, and being sympathetic towards others.

### *(module 4) INDIVIDUAL (self)*

*1.a. Of or relating to an individual, esp. a single human being. b. by or for one person. 2. Existing as a distinct entity; separate. 3.a. Distinctive; individualistic. b. Special; particular. c. serving to identify or set apart. 3. Unique*

This is about you and you only, because if you do not do something about you; no one will. This is where you have to make it personal. You must know that you are different and unique, because It's your identity.

**(module 5) PREPARING (strategy)**

*To make ready beforehand for a specific purpose as for an event or occasion. 2. To put together or make by combining various elements or ingredients; manufacture or compound 1. To make things or oneself ready 2. To study or complete a course of study.*

The designing of a plan that is geared for the individual to accomplish a desired result. Mapping out progress through short term check points of the goals set in place, and the continuum of building a plan through research and study to reach those goals.

**(module 6) PURPOSE (motivation)**

*The object toward which one strive or [or which something exists; an aim or goal 2. A result of an effect that is intended or desired; an intention. 4. The matter at hand; the point at issue. To intend or resolve to perform or accomplish.*

There is a reason and a cause why all things have come to this point, and you are ready to do something about what it is that you want to change or make better. This is the fuel that will drive a person to the why, the what, and the cause. This is the resolve that will keep you moving from one point to another with the end in mind, and the motivation that will cause you to hit your target. It is personal because it is your purpose.

**(module 7) ENGAGE (action)**

*To obtain the service of, employ. 2. To arrange for the use of reserve. 6. To draw into, involve. 8. to enter or bring into conflict with. 1. To involve oneself or become occupied; participate. To inter into battle.*

This is the Alpha. The beginning of the journey, and the start of the conflict with oneself, others, and the environment you are starting to engage. The design that you have created, your qualities that you have obtained, the understanding that you now have, and your purpose is now on the front line. You are now involved and there is no turning back. This is the start to becoming the successful person through the battles that present themselves before you.

**(module 8) DETERMINATION (confidence)**

*The act of making or arriving at a decision. b. The decision reached. 2.a. Firmness of purpose. b. A fixed intention or resolution. 5. A fixed movement or tendency toward an object or end.*

The ball is now rolling and you are on your way, and this is the gear that will help continue to drive you to the finish line. You can see it because it's right before your eyes. The vision is clear and this is the power to overcome any obstacle that will get in your way. This will fix your focus on achieving anything that you planned to do, because you are determined.

## **MEN OF HONOR**

### **(Purpose)**

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### **E.Q.U.I.P.P.E.D.**

#### **(Curriculum overview)**

**Module (1).** Enlightenment is the first step of any thought process; which means to become aware. Awareness is recognizing that something needs to be done, whether you have a drug issue, or you have a solution that will make something better, (i.e.) health, stability, finances, work ethic, and the list can go on and on. This is where it all starts in the enlightenment stage. Not only does this module focus on the problem and solutions but it also focuses on the barriers that you will face when trying to accomplish your goals. To be enlightened (awareness) is the only way that you will ever get anything accomplished, or do anything about your situation because if you are not "aware" it will remain the same.

**Module (2)** Quality then builds on enlightenment. In this module, you will not only be focused on building value, but also understanding the value of yourself, others, and the things around you. Now that the individual's awareness is up from Module (1). This Module will open the door for individual's to be honest and open about their value system. Quality has to do with values, and the qualities of a person will show the very nature and character of who they really are at that moment. This module is structured to allow the individual to see their qualities that are within. This is not to discourage them, but to allow the individual to see the problem, and target them building a higher standard for themselves. I have found that the qualities that are within a person will function in one or two ways. (1.) It will either allow a person to operate at a low standard in their life, or (2.) It will cause a person to

function at a higher standard. So, the main focus of this module is to build a person's qualities that are within gearing them to operate at a higher standard of excellence in their life.

(Quote) "You'll always get what you give and if you have nothing to give you will always have nothing. But when you give value to your life then you become valuable." (R. Smith 2015)

**Module (3).** Understanding is how you perceive things, your outlook and your paradigm. The way you gather knowledge is by the way you understand. So then, if your understanding is minimal then you will get minimal results in your life. Cognition is the main focus in this module. Individuals are encouraged to work on their thought process to fully understand the knowledge that is being shared. The main reasons are to see if the thought process is productive, and what kind of impact it will make in their life or in the lives of others as well as the problems that may be associated with them. The thoughts of the individual are then shared and will be critiqued in order to get a better understanding of how they think. However, in order to achieve anything in life you must first fully understand what you are trying to get accomplished and the individual's motive behind it.

**Module (4).** The Individual. In this module, the individuals will come to understand that it's personal. It is their project, their dream, their purpose and it's all about what they want to get accomplished. This module is not selfish to the extent that others will not benefit from it but it is about the individual. A person's focus must be geared to complete any goal or dream for themselves and others who may be a part of the inspiration to get it done. This is where you must lock in on YOU. "The individual."

**Module (5).** Preparation. This module is the key component to complete your goals. This is where the individuals come up with a strategy or strategies in order to get to the finish line. For instance, goal mapping: setting goals both long and short term and making a check point list of where they want to be when following the plan, they have designed in this module. Extensive research will be applied to generate facts for their plan for success. Planning is one of the most important elements that you must have as a foundation to achieve anything you have in mind. If you do not plan, you plan to fail. This is the Art of War, coming up with a winning strategy to win the battles of life. You are now beginning to head into enemy territory and places you have never been. This is the real cause for a plan to be set in place!

**Module (6).** The Purpose. This is the why, the cause and the reason behind everything. In this module individuals, will come to understand the real motivation to the underlined cause and why they are doing it. Purpose is the drive that will enhance the will of individuals to continue their journey. It is their desire. Everyone in life has a purpose, everyone has a desire and everyone has a reason behind everything they do.

**Module (7).** Engagement. This is the action of the plan. In this module, the individual will learn how to apply the plans they have in place to become successful. Learning the proper approach in any given situation is the main key. Individuals will be

taken through a series of tasks and situations they may face when applying their plan. In this module, actual circumstances will aid as the main tool for the monitoring the reactions of the individual when

faced with difficult problems. Communication skills will also be enhanced in this module by teaching the individual the technique of proper presentation of self.

**Module (8).** Determination. This module is what will get the job done. The importance of being determined about anything will not allow you to quit. The individual will know in this module if they are determined about what they want to do. Determination with the other 7 modules in place will take the individual to their desired goal in life. To be determined mentally, physically and spiritually are the main 3 components of any process of a person's life that will keep them on course.

The 8 modules of this program EQUIPPED will act as the foundation to a successful lifestyle. This program is geared to help individuals to accomplish whatever goals they have set in place if applied properly. Internal victories have a major impact on the external accomplishments of the lives of individuals. And through the course of EQUIPPED we focus deeply on the internal strengths first, before the application of external desires can be applied.

Program Designer

Mr. Reginald D. Smith

Completed June 29, 2015 .

Please consider HELPING PRISONERS become MEN OF HONOR,

Prison is a tough place filled with men who have made some bad choices and often influenced by their home environment. So many really want to change to get their life back on track but need a lifeline. Men of Honor is that lifeline and we need your financial assistance for our planned facility and faith based education programs.

My name is Reggie Smith and I have been to prison too many times based on bad decisions, but after the last time I know what it takes to stay out. And now, along with other qualified ex-offenders, I want to share that knowledge with other men to save them and their families by teaching them to be MEN OF HONOR!

The Men of Honor Program is designed to help build the lives of men coming out of prison to become productive members of society to never return to that dark place. We started teaching the Men of Honor Program at the Heritage Trails Correctional Facility in Plainfield on October 1, 2016 and the response has already been outstanding. These men complete the first training phase in prison and the second phase upon their release to Marion County. This education focuses on the attributes of a man building character, morals, values, and standards, teaching them to think and act in a positive way that will change their lives.

We are raising money for a housing facility and additional training so these graduates who don't have an immediate place to live can continue their education and lifeline support. This facility would have shared bedrooms, class rooms, kitchen, dining area, computer stations, open space for job skill training, recreational area, office space for staff along with a quiet room for studying and prayer. With your financial help we can guide prisoners to become lifelong Men of Honor!

We are asking for your donation and if you can pass this letter on to others who may want to help as well. Please respond to: 3710 Rome Terrace Indianapolis, In. 46228 or feel free to call me at 317-998-9034 or email Menofhonor15@gmail.com with any questions.

May God Bless You,

Reginald D. Smith/Founder

Men of Honor Prison Out Reach Ministry